



Teresa Pottorff

Founder and President of TNT
Coach, Consultant, Facilitator & Speaker

Meet Teresa Pottorff, the driving force behind TNT. A passionate coach, consultant and facilitator, Teresa believes that coaching is about nurturing growth and embracing the journey and the magic that unfolds along the way. With over 25 years of human resources and leadership experience, Teresa has dedicated her career to helping individuals unearth their true potential and foster self-awareness, self-discovery and personal growth amid personal and professional transitions.

Teresa's approach to coaching revolves around understanding the unique essence of each individual she works with. By weaving empathy, active listening and thoughtful guidance, she empowers her clients to embark on a voyage of self-exploration and self-empowerment. Through this process, individuals unearth their hidden strengths, passions and aspirations, leading to a more fulfilling and purpose-driven life.

TNT Coaching invites you to embark on a journey of self-discovery, growth and empowerment. Whether through one-on-one coaching, engaging workshops or inspiring speaking engagements, Teresa's passion for humanity and dedication to holding space for others' transformation is palpable. Uncover the magic within you and learn how to hold that space for others as well.



"During the time of our coaching sessions, I will devote my time, thoughts and energy to you. I will hold the space for self-discovery and personal growth. I will bring attentive listening, understanding, belief in you and a commitment to your success. You can expect me to challenge you, offer fresh perspectives, acknowledge your wins and guarantee utmost confidentiality."